



Contents: 100% Fruits & Vegetables Natural Extract

- Psyllium Husk
- Isomalto Oligosaccharide
- Crystalline Fructose
- Lemon Powder
- Spinach Powder
- Oil Palm Fiber
- Oat Fiber
- Apple Fiber
- * Spirulina
- Wheat Grass
- Sova Protein
- Aloe Vera Powder
- Chlorophyll
- Mangosteen Powder
- Pomogrenate Powder
- Citric Acid
- Inulin
- Guar Gum

All dietary illness originates from the intestines. Do you consider yourself healthy if you can defecate every day? If you consider this to be healthy, you are sorely mistaken. The food which we take will become waste after 4 hours. If we eat 3 times a day, we should defecate 3 times a day, right? Do you do this? Every time we defecate, do we fully discharge all the stool in our intestines? Do you know how bad it is if the remains of the stool which is toxic remains in our intestines? Prevention is better than cure. Drink a sachet of Life Cleanse every 2 to 3 days will cleanse our intestines and revitalize our intestines for health.

If you do not defecate daily, you should contact us as soon as possible. We guarantee that there will be no toxin stool remains in your intestines, you will feel the comfort.

6 Star Quality Best Price

Better Health, Better Life

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These are the small and big intestines from a corpse.

Constipation / Unable to discharge Toxins?

Symptoms of Internal Body Toxins

Research proves that wastes which is discharge from our body for 3 days contains toxins which can immediately kill a mouse.

~ Excerpt from Discharging Stubborn Wastes, Page 36 ~





- Fatigue
- Skin Problems
 Excess Weight
- Constipation
 Heart Disease
 Memory Loss
- DepressionOdor
- Stomach Pain

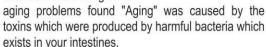
- Diabetes
- Colon Cancer
 Kidney Problems

- Liver Cancer
- Bad Breath
- Clogged Arteries
- Backaches
- High Blood Pressure
- Weak Immune System

And Others

All diseases originate from the intestines

A Nobel Prize Research Scientist researching on



People who live in villages fanous for their long life expectancy were found to have more Bifidobacterium Bifidum (a kind of beneficial bacteris to our bodies).

For a healthy body and longer life, we must take care of our "INTESTINES".

Testimonial from Tan Yong Peng Since every day Mr. Teoh is able to Cleanse to him, he rejected it. After 2 years, Mr. Teoh's body weight suddenly drastically reduced. Doctors examinations diagnosed that he was suffering from colon cancer. Mr. Teoh died 1 year after the diagnosis, he was just only 58 years old.





"In the year 2007 with the start of the Era of Bio Technology; mankind must always take care of the health of the intestines and his bodily organs. Try to eat as much vegetables and fruits as possible. With worldwide spreading epidemic diseases like "SARS" and "Bird Flu", nobody will safe. However if our immunity system is stimulated, the toxins in our intestines are cleanses, then the cells within our bodies can be activated to fight off virus attacks and various diseases. Excerpt from Professor Lim Yong Qi – US Natural Medication Expert.

From a publication regrading Cancer, Nobel Prize researcher, Sir F. Macfarlane Burnet (he won the Nobel prize for his successful research work on the immune system) states: "Every day our body generates nearly 100 thousand cancerous cells, but usually our immune system (defense mechanism) can effectively kill all these cancerous cells. However when our body is in a weakened condition, then these cancerous cells will become very active and affect the health of the body. In another explanation, acidic blood is the most suitable environment in which cancer cells can spread. Nutrition experts believe that cancer will spread when the blood becomes acidic. Fruits and vegetables are alkali food. A healthy body should consume 20% acidic foods and 80% alkaline foods. But how many people can achieve this?"

The conclusion from a medical documentary with a Japanese Medical Professor: all diseases are caused by our blood becoming acidic. Nutrition experts agree and support this opinion. If then, what causes our blood to become acidic leading to cancer? According to scientific analysis, fish, meat, egg yolk and animal protein are acidic foods. They can make the blood in our body become acidic and weaken our defensive immune system. In fact the meat from animal carcass contain toxic blood and remains of fecal waste. All these are health hazards. Mankind should end this threat, we should modify our daily diet by increasing the consumption of vegetables and fruits. This will help our blood reach a low alkaline level. If our blood is clean it will help improve the body's defense capability, strengthen our body and a healthy body will slow down the aging process.

Detoxification - The Way Towards Health

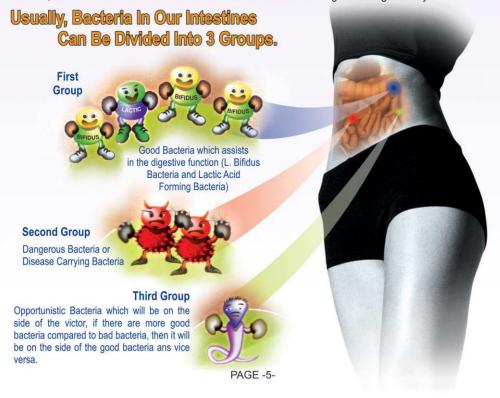
Internal Digestive System

Our gastro intestine system is 6 time longer than the height of our body. It starts from our mouth, stomach, the small intestines which separates, digests and absorb nutrients from the foods we consume to the big intestines (colon) which absorbs water and discharge the wastes which cannot be digested. These waste include excess protein and fat, course fiber and dietary fiber and micro organisms which solidifies the wastes which are discharged as stool.

The big intestines play an important role in cleaning the toxins and the wastes from the body. Therefore it has the most important function in maintaining our general health. The two main functions of the big intestines are: absorb the water needed by our body; and cleansing the dietary waste from the body. Preventing poisoning from toxins in our foods. But the lifestyle in our current age has destroyed the functions of the intestines in discharging toxic wastes.

The Various Activities In Our Digestive System

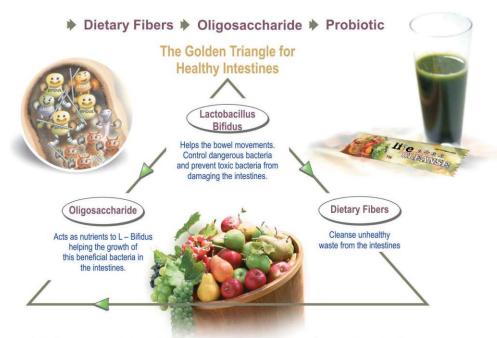
An adult usually carries 5kg of fecal waste in his big intestines. If the fecal waste is left too long in the intestines, the fecal waste will be processed again for additional nutrient extraction. Eventually the size of the fecal waste will be refined until it is tiny enough to be absorbed into our blood stream. Via the blood stream the fecal waste circulates throughout the body and the toxins from these fecal waste start to destroy every organ and blood cell in our body. The big intestines is the center for toxin cleansing. Therefore the general health of our body is dependant on the health of our intestines. Its estimated that our body contains 100 trillion bacteria which can be grouped into 400 different types, with the combined weight of 1kg (reference: report from research expert B. E. Gustaffssn). Within our big intestines is like a war zone where 100 trillion bacteria are battling, good bacteria will help our intestines function well in up keeping our digestive cycle and reduce the growth of dangerous bacteria. Therefore we must often use "Life Cleanse", which will encourage the growth of beneficial bacteria, supplying the nutrients for good bacteria, this is the effective central function in detoxification and caring for our digestion cycle.





The Golden Triangle for Healthy Intestines

Rejuvenating our intestines to its original condition is a very important internal process so that we always stay healthy and looking good. To reach the optimal level of health, consumption of various minerals and nutrients is important. Therefore maintaining the cleanliness of our intestines is very important as well as balancing the amount of beneficial bacteria within it. This will optimize food digestion and the assimilation of nutrients. Three necessary components for healthy intestines include:



Life Cleanse contains all 3 components with balanced proportions to form the Golden Triangle; a synergy of 3 components for clean and healthy intestines.

Isomalto Oligosaccharide (Oligo)

Oligo is a kind of sugar derived from fruits. In Japan, it is being used in more than 450 kinds of food. It is assimilated into the body at a slower rate than ordinary sugar. However Oligo basically contains the same required nutrients. Oligo is broken down at a slower rate because it does not need insulin, but it is broken down by the intestinal enzymes. It is a safer kind of sugar and reduces the risk of diabetes and high cholesterol.

Probiotic Powder

Probiotoc powder helps:

- Prevent Cancer
- Stimulates Metabolism
- Cell Oxidization
- Increases Calcium Absorption
- Strengthens The Immune System

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Chlorophyll

- 1) Blood's particularly use: In chlorophyll contains some fine iron. It is a natural substance that can make blood, if no chlorophyll so do not let make blood, our body will lack of blood.
- 2) Provides Vitamins: Chlorophyll contains a lot of Vitamin C and salt, it is a substance that can not be less, it could maintain our blood at a low alkaline sign, it is very good for health.
- 3) Enzyme activity maintenance: It is produced from chemicals that are processed by the body, it is directed to the creation and distribution of a variety of chemicals. If the enzyme is not enough, some of these chemicals can not be broken down and set up, it can damage the cells of our body and cause various diseases. Chlorophyll can maintain enzyme activities, slow down the aging.
- 4) Function To Prevent Poisoning: Chlorophyll is the best natural ingredients to prevent poisoning, it can balance the silica gel, fragrance, poisoning included in other non – nutritious food produced in our bodies.

Oil Palm Fiber

- Maintain a healthy digestive system
- Balancing blood sugar status
- Prevention of neural respiratory disease and stroke
- Prevent colon cancer and breast cancer
- Effective for weight control
- Lower cholesterol in the blood
- Balance the number of beneficial bacteria in the gut
- Prevention of constipation







The addition twice

Oil Palm Fiber Study

After a study showed that the addition twice of the oil palm fiber can effectively wrap the arising cooking oil fat on the water.

Spinach Powder

Spinach can nourish and add blood to meet the body, it is rich in iron, minerals and fiber and various type of vitamins, especially Vitamin A. In addition, grass acid, apple acid, lemon acid, and others have more organic acids than any other vegetables. It helps in diflgestion and facilitate the removal of the system carried out. Chinese medical experts expressed, spinach are cool, it has the functions like: can treat bowel, blood clots, prevent flu, prevent cancer and others. Diabetes, high pressure, and constipation hemorrhoids inappropriate use, it also can treat a vitamin deficiency disease (e.g. Night blindness) and others.



Aloe Vera Powder

Aloe Vera has a function that can help defecation. It can add to the liquid in the intestines, increase the activity of the enzyme fatty. Mineral obtained from natural plant, it helps to facilitate bowel movement, cleanses the colon, very effective for softening the stool. After adding water it will grow to be very sticky, so it can increase the quantity of water and feces, can prevent constipation. In addition, when compared to the absorption plant is better, but can soften the stool. Although already constipation, in the long term, after consuming Aloe Vera it can have a bowel movement in 8 – 12 hours.

Aloe Vera can help repair the skin, skin vitamins, maintaining skin whiteness, smoothness, elasticity, so that it can protect cells there can function again. It can repair a stomach ulcer, mouth ulcer, and mouth surface cells ulcer, it can expedite and facilitate reproductive cells. Eating Aloe Vera can strengthen your gut, strengthen immunity. If it continues to consume Aloe Vera, not only can prevent the disease but may well recover health, increase energy. Patients with weak body, often have little appetite after eating Aloe Vera it will restore appetite and health food. Sugar is in Aloe Vera has a function that can eradicate the virus and fight disease, to achieve the purpose of restoring health.

Wheat Grass

In Wheat Grass are a combination of materials that can help purify the blood and eliminate toxins found in our blood, the main use of two enzyme groups renew our blood, the most important is our body. The first group in our body is Indigenous, it is a very powerful enzyme, it can eliminate toxins well, but they will be on the wane as we age increases. If we add Exogenous enzyme so it can strengthen Indigenous enzyme, delaying the age functions. We can get Exogenous enzyme from Wheat Grass. In addition to the enzyme, in Whet Grass also contains Polypeti des and Bi – of Lavonoids. This mineral can also help toxins in our bodies, amino acids can be absorbed by the blood. Wheat Grass contains 3 types of minerals that can help heart health and normal functions.



Basic Necessity For Every Family

Drinking a sachet of Life Cleanse is like being taking 10 whole fruits and 1 kilogram of vegetables everyday. It not only can cleanses the toxins from our body but will also helps to increase the various vitamins which our body needs.



Suitable For All Ages And Conditions









- Cancer Patients
- Weak Liver, Intestines and Stomach
- Pimples and Acne
- Constipation and Piles
- Weak Immune System
- Alzheimer, Pre-aging and Body Weakness
- Chronic Disease Patients
- Health Conscious
- Overweight and Underweight

Consumption Directions:

Drink half an hour before meals. Mix 1 sachet Life Cleanse with 200ml of cold or warm water. Stir well and drink immediately. After half an hour, drink a glass of plain water. Children aged 5 - 12, only take a half sachet every time.

Suggested Usage:

The most suitable time for taking Life Cleanse is with empty stomach upon wake up in the morning. But this will affect the life of working people, therefore, they can also choose the Life Cleanse taking time at an hour before dinner or before bedtime (not to be affected during sleep). Many customers prefer to take before going to bed and will discard all leftovers the next day for the basic health needs, will not cause dependence, for patients with severe constipation can take one sachet in the morning and in the evening for one month course of treatment, pay attention that take a lot of water. For gastric patients should eat an hour before meals.



Healthy Eating Habits

Healthy eating and frequent regular exercise are primary factors which will help us maintain good health. Our eating habits are more important as it will affect our health depending on the food which we take. While bad eating habits may adversely affect our life. This is a very important fact. So after going through detoxification, we must practice healthy eating habits.

Unhealthy Eating Habits:

- Over eating
- Taking too much junk food before meals
- Too late having dinner (after 8 pm)
- Taking too many different types of foods
- Every time just taking few types of selected foods
- Eating only a small quantity
- Taking too much sugar and salt, cigarettes, liquor, and other bad habits which will adversely affect health

What kind of food which you can select, when and how we suppose to eat?

Eat a balanced meal consisting of Eating slowly is very important. The digestive system carbohydrate, protein, vitamin, minerals starts from the mouth where chewing properly will and fiber, body required sufficient reduce the work in our digestive system. So when the vitamins to function well and perform food arrives at our intestines digestive system, its its functions. easier to break down the various nutrients and absorbed by our body. If we eat hurriedly, it will damage our body and digestive system. Lack of fiber will adversely affect the digestive function. Balanced minerals exists in To maintain and ensure good health, every various vegetables, fruits, day we need 80% alkaline food and 20% LESS grains, seeds and beans. acidic food. More people now Processed food and grilled food is choose organic allowed but we do not always foods and avoid need them. processed foods or food which are too sweet. Plain water is the best too salty, drink. Ideally drink 8 too oily or 10 cups of water daily, with too this can help activate much the digestive system meat. in our body.

To Have A Healthy Life, Intestinal Care Is Very Important, We Have To Take Control!



Intestine Age Test

Wish to know how our intestines is already over aged? Micro – organism experts states that the first step intestines is to test the intestines age, the human body becomes old is due to intestines. When the age of the intestines is older than the physiological age, this means that our intestines has begun to age, defence against virus and germs will reduce and can be infected by various diseases.

According to your Normal Diet, Defecation Pattern, Life Style, please mark your selections as follow for immediate test results:

Eating Habits

- 1. Always not eat breakfast
- Short and anxiously breakfast time
- 3. Irregular meal times
- 4. Insufficient vegetables intake
- 5. Love to eat neat
- 6. Do not like to drink milk
- Eating at outside more than 4 times a week
- 8. Like to drink sweet drinks
- 9. Always eat late at night

Defecation Patterns

- Need to use energy to defecate
- Even just came out from toilet feel that the stool still inside stomach
- Hard stool, difficult to defecate
- 13. Seeds shaped stools
- Sometimes stools defecate are soft and diarrhoea
- Stools defecate very dark, black
- 16. Irregular defecate time
- 17. Stools and fact very foul
- 18. Stools defecate all sink into the toilet bowl

Life Style

- 19. Often smoking
- Bad romance, look older
- 21. Rough skin or acne and other problems
- 22. No exercises
- 23. Tough to sleep and no enough sleeping time
- 24. Often feel depressed
- Morning lifestyle very anxious
- Often work until late at night, no enough sleeping time

Information Source:

text from the Japanese Chemical Institute's research on Micro – Organism Analysis – Evaluation Table on Age of Intestines

No Selection : Age of intestines = Younger than actual age, good intestines condition

4 Selection And Below : Age of intestines = Actual age + 5 years, age of intestines a little higher than

actual age, should take care about intestines health.

5 – 10 Selection : Age of intestines = Actual age + 10 years, our intestines are getting older,

should take care about daily diet and lifestyle.

11 – 14 Selection : Age of intestines = Actual age + 20 years, our intestines are grown old, need

to vary the diet and habits throughout our daily lifestyle.

15 Selection And Above : Age of intestines = Actual age + 30 years, our intestine shad become worse,

please refer to the specialists for help.

Are you shocked with your intestines age?





Is that Life Cleanse really effective?

Usually when first drinking Life Cleanse during the 1st to 6th day, it's the period of detoxification, you will defecate 4 times a day with huge quantity, this is a safe and normal reaction. The detoxification process will expel all stubborn toxic wastes in the intestines. After which you will feel very comfortable. In the market there is already many testimonials on Life Cleanse.

Does Life Cleanse have any adverse side effects?

Life Cleanse is produced based on a US formula, and a product which has been approved by the Malaysian Health Ministry for safe use. There has never been any complains of adverse side effects against Life Cleanse.

Is that Life Cleanse suitable for Children?

Life Cleanse is suitable for children with constipation problems of ages 5 and older. Suitable quantity is ½ sachet, and should be taken under adult supervision.

Can Life Cleanse be prepared with hot water?

Do not mix Life Cleanse with boiling water, this will cause the fruits fiber within Life Cleanse to expand and become a doughy mix, while the hot water will destroy the Bifidus. You only have to mix 1 sachet of Life Cleanse with luke warm water at room temperature. If you like to drink it cold, please mix it with cold water in a shaker and shake until well mixed, the taste will be excellent.

When drinking Life Cleanse what types of food should be avoided?

4 hours before and after drinking Life Cleanse, you should avoid eating too much solid food. Within half an hour you should drink an equivalent amount of water. Immediately after drinking Life Cleanse, you should drink lots of water because water will help activate the detoxification process.

What is the different between Life Cleanse and constipation medication?

Life Cleanse is made from vegetables and fruits, and it can be taken for the long term. Compared with other products, Life Cleanse is more effective while taking constipation medication over the long term will unbalance our intestines functions.

Who will benefit from using Life Cleanse?

Everyone needs to detoxify, since now most people are aware that our daily diet contains toxins especially preservatives and artificial ingredients combined with bad eating habits caused by imbalanced vitamins. If you wish to maintain a healthy and active body, you must begin from the intestines. The intestines internal digestion cycle is important for health, so anyone who drinks Life Cleanse will definitely feel its benefit. Many customers who drank Life Cleanse are convinced, tastes great and at a reasonable price.

Testimonials

Mrs. Yap Age: 42 Coffee Shop Owner

Since I know that the intestines has a big influence on our bodies health, I have been taking fiber to maintain my health. In fact I have tried various fibers until I was Introduced to this CY 2000 product (Life Cleanse), it tastes very good and is very effective, unlike other products which causes a cold and painful feeling in my stomach. Most satisfying is that its price is cheaper than other products and I can save a lot.

Mr. Kent Age: 43 Insurance Agent (Constipation Problem)

I have had constipation for a very long time, sometimes it would be 3-4 days before I can defecate once in fact I once have gone through a whole week without defecating. Every time I defecate I need a lot of effort, take a long time and only a bit if stool. Lately I feel my body weight has increased, I feel listless and easily tire and this worries me. Then a friend introduced me to Life Cleanse. After taking Life Cleanse for the first time, I find that defecation was very smooth and a lot of stubborn toxic wastes was discharged. After about two weeks, I feel more energetic and my body weight reduced. Now I take 1 sachet every two days.

Ms. Tong Age: 27 Office Worker (Constipation)

Not eating regularly, not defecating regularly, and since I am not comfortable with using public toilets, I will wait until I return home to use my home toilet, eventually I suffer from constipation. Then I referred to a health guidebook which states that the intestines is very important and unhealthy intestines will adversely affect the health of our body, I then searched for all methods to cure my constipation problem. My aunt then introduced me Life Cleanse, additionally I changed my eating habits. At the start I took 1 sachet daily for a week and then 1 sachet every two or three days, now I no longer have a constipation problem.

Ms. Kang Age: 35 Housewife (Constipation, Skin Problems)

Having to care for several children at home, having to do housework until I sometimes have no time to go to the toilet. Luckily there is Life Cleanse, which helps me defecate smoothly. Additionally my skin problem is recovering due to the discharging by toxins from my body.

Ms. Ng Age: 40 Hawker

Concerned with health, I have been taking products from various companies including a detoxification product. I am now trying the product Life Cleanse from CY 2000 which I feel is a very good quality product compared to other products which I have tried. If compared, such good quality is being sold at a reasonable price, this is very good for all consumers.

Mr. Cheng Age: 42

After taking Life Cleanse, easier to defecate, feels comfortable.

Miss Ooi Age: 36

Tried various fiber products before, Life Cleanse is the best and the price very reasonable.

Madam Chuan Age: 39

After taking Life Cleanse for 3 weeks, constipation has reduced, body weight has also reduced by 3kg.

Mr. Teoh Age: 45

After taking Life Cleanse for 3 weeks, cholesterol has reduced from 7.4 to the normal level of 4.6, reduced constipation and body weight has also reduced by 4kg.



Positive Reactions After Using LIFE CLEANSE Fiber

Short Term Use: Use for 3 - 6 days

Defecate frequently. Stool which blocks up the colon track is discharged. Stomach feels upset and is filled with excess gas. There are our bodies' natural detoxification reactions. If our bodies pH level is acidic or if we suffered from long term chronic diseases, the weakened parts will start to feel pains. Stool will begin to float and of yellowish gold color. This shows that the digestive system and body condition is starting to improve.

Middle Term Use: Use for 6 - 45 days

Reduced water retention in the colon. Toxic content in the stool reduced. Prevents the absorption of unwanted toxins into the body and reduces strain on the liver. Toxin within every organ and toxin in the blood circulatory system will reduce gradually. The oxygen levels within the blood circulatory systems will increase and you will feel more energized. While the levels of toxins would have reduced resulting in you feeling harmonized and your face glowing. Balances the hormone system and elevates the symptoms of hormone imbalance. This can prevent hot flushes, skin pigmentation and aging brown spots. If you have high blood pressure, suffer from liver problems or other degenerative diseases, you will begin to heal or will be significantly relieved.

Long Term Use: Use for more than 45 days

All toxins in the body would have been discharges. When the bodily diseases start to heal, you will be cured gradually. The potential to prevent disease from spreading becomes very high. This will enable you to achieve natural good health, long life with sustained energy levels.

Healing Reactions: reasons and methodology

In the process of consuming Life Cleanse, people suffering from obesity, weak countenance or having poor blood circulation will experience various types of positive reactions relieving: dizziness, headache, insomnia, body heat, body aches, numbness, menstrual cycle discomfort, loss of energy and other healing reactions. Healing reactions are needed to improve "the human body's natural healing potential" and activate "the cell regeneration and internal organ mechanisms", to achieve complete healing. Healing Reactions are based on the following processes:

Skin Rash or Irritation

Sign of detoxification, usually occurs in patients with weak liver functions.

Body Aches

Natural therapeutic functions of detoxification, this occurs in patients with acidic body and poor health. Encouraged to continue taking Life Cleanse and the illness will be relieved.

Increased of Heart Beats, Dizziness

Frequently happens to patients with low blood sugar levels and poor health. Natural recovery, detoxification and increase metabolism rate, will cause improved blood circulation. We recommend reduce consumption of Life Cleanse to half a sachet for 4 to 6 days, and return to full sachet after 6 days.

Stomach Pains, Frequently Defecate, Terrible Smell

Positive Reaction from the cleansing of the intestines and detoxification deu to excessive toxins in the intestines. If this situation continues, reduce consumption of Life Cleanse to half a sachet for 4 to 6 days, and return to full sachet after 6 days.

Feels Energized At Night, Unable To Sleep

Signs of short term detoxification and self recovery, due to increased metabolism rate and improved blood circulation in the liver. We recommend reduce consumption of Life Cleanse to half a sachet for 4 to 6 days, and return to full sachet after 6 days.

Menstrual Cycle is Lengthened, Increase Menstrual Discharge

Signs of short term detoxification, ladies with irregular menstrual cycle will experience abnormal symptoms like a menstrual cycle with a longer period, increased menstrual discharged or menstrual cycle temporary ceases, in the process of detoxification and fat burn, the human body will definitely feel pain. After the toxins, fat and disease are discharged from the body, the body will heal naturally. However if you stop taking Life Cleanse when the signs of Healing Reactions happen, will make the healing of the diseases difficult. Therefore only after going through the healing reactions will you achieve a body with a slim figure, healthy and fresh.

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