



Formula from  
JAPAN

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# LB *plus*

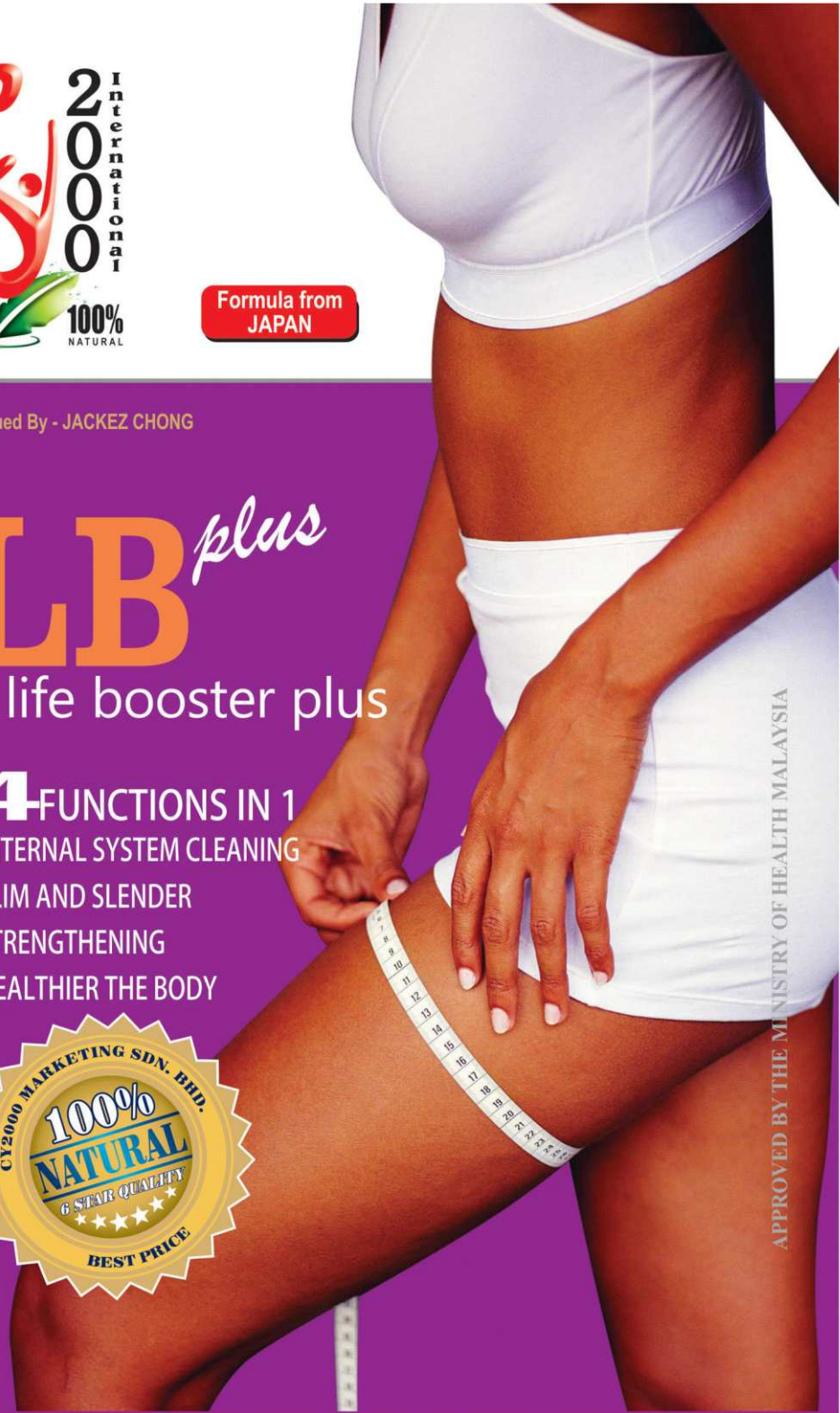
.. life booster plus

## 4 FUNCTIONS IN 1

- INTERNAL SYSTEM CLEANING
- SLIM AND SLENDER
- STRENGTHENING
- HEALTHIER THE BODY



APPROVED BY THE MINISTRY OF HEALTH MALAYSIA



**CY TWO THOUSAND MARKETING SDN. BHD.**

**Proudly Presents**



**Contents:  
100% Natural Vegetables &  
Fruits Extract Ingredients**

- NON DAIRY CREAMER
- ISOMALTO OLIGOSACCHARIDE
- ARABICA COFFEE POWDER
- ISOLATED SOY PROTEIN
- WHEY POWDER
- BROWN RICE
- PSYLLIUM HUSK
- SPINACH POWDER
- OIL PALM FIBER
- APPLE FIBER
- CITRIMAX (GARCINIA CAMBOGIA)
- L-CARNITINE
- WHITE KIDNEY BEAN
- RED YEAST RICE
- GREEN TEA EXTRACT
- NATTO POWDER
- STEVIA POWDER

**Better Health, Better Life**



**Long Life And  
Good Health  
Starts With  
Slimming ....**

**WITHOUT FASTING,  
EAT AS USUAL...**

**Drink Coffee / Soy Also Can Be Slim, Is That True?**

**▶▶ Largest the waist, shorter the life, want become  
slim but scared!**

Because in the market there are various types of weight loss products, but some of them have side effects! Starting today, try Life Booster! It is a formula from Japan, a combination of ingredients taken by various kinds of natural plants, it can help you burn fat safely. Life Booster also effective and can lower cholesterol, blood sugar, high blood pressure, diabetes, and arthritis, it is very suitable for those concerned with weight and overall health.

Did you know that a quarter of people around the world are overweight? In the center of the city number of people with the **obese disease** or **overweight** teenager, is 53%. In Malaysia, every four people must have one of them are . . . . .

# overweight.

. . . In daily life, eating and drinking can not be ignored. This is because we need to get a variety of vitamins from food for our survival. Fat can protect the organs and the provision of energy and accelerate the growth. In fact, fat is essential for the health of our bodies, but the too many would be harmful to our health!

**Cholesterol can carry diseases and reap life**



## Dietary Habits

It is the main reason of **Obesity** . . .

- ▶▶▶ The number of people making less exercise will usually diagnosed 2 times compared with to the people who always exercise.



### High Cholesterol

Cholesterol would accumulate on the blood coating walls, if this continues will cause our blood vessels become narrow, clogged and cause heart disease.



### Fast Food

Despite a healthy teenager would experience an increase in body fat content after 2 hours of eating fast food. This will also cause the deterioration of the blood vessels function. (*The Cardiovascular: John P. Cooke, M.D. < Ph.D.*)



### Diabetes

Obese easily lead to advantage in blood sugar and will cause our blood becomes more concentrated. Advantages of sugar in the blood will damages blood vessels.



### High Blood Pressure

According to statistics, 33% or 260 million people in the age group 30 years and over suffering from High Blood Pressure and 80% of these people are more than reluctant. (*Singapore Medical Journal 2004*)



According to Professor Philip James reports from the World Health Organization (WHO) said in a study on the problem of obesity, the percentage of obese people in Asia who are suffering from high blood pressure and diabetes are 2.5 times as compared to the west.



Heart Disease Gallstone Joint Pain Stroke Breathless



BEAUTY IS NOT  
LONGER, JUST  
A DREAM . . . .

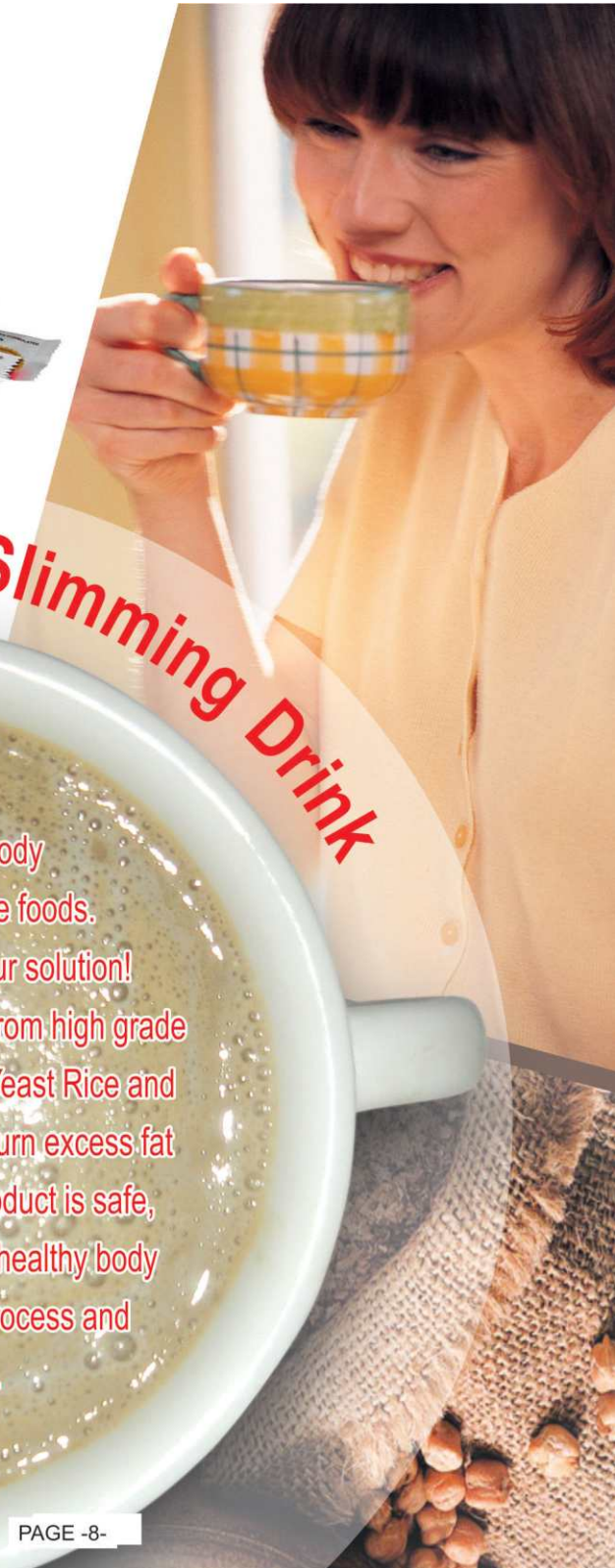


No need to carry a suffer diet anymore. Unhealthy dietary habits and misconceptions about the way the sport.

We hope that after you read this text, you can use an effective and obtain a more healthy life.

### Diet also have taboos?!

1. Suffering diet :  
Just eat vegetables and fruits, look at people who eat delicious foods but himself do not dare to eat, this way of diet can not be continuously.
2. Continuously fasting diet :  
Do not eat any rice, after three days you'll eat as much, this way of diet will get the otherwise result.
3. Eating laxative diet :  
This way of diet can not be used because it can cause our skin became dark and no radiant, our body also will be weak and lifeless.



## Natural Slimming Drink

You can have a slim body  
while enjoying your favorite foods.

**LIFE BOOSTER PLUS** is your solution!

**LIFE BOOSTER PLUS** is made from high grade fiber such as soluble fiber, Red Yeast Rice and Nattokinase, it can help you to burn excess fat and lose weight easily. This product is safe, effective, and it can give you a healthy body without melancholy dieting process and changing your diet.



## LB Plus Soy / Coffee Fiber Contents

Isolated Protein, Whey Protein, Red Yeast Rice, Soluble Fiber, Fructose, Green Tea, L – Carnitine, Nattokinase.

### Soluble Fiber

Soluble fiber is the fiber that can be found in vegetables. The fiber is added to the **Life Booster Plus** where it is categorized cereals as the finest natural fibers. These fibers can be dissolved in the stomach to add the contents in the bowel and feel full. It will speed up the transportation to the big intestines, in addition to reducing constipation and digestive system cancer problem. These fibers are the elements needed by everyone as it is to balance nutrients, control blood sugar and cholesterol content of the body.

### L – Carnitine

L – Carnitine is actually a valuable nutrition vitamin. It is closely related to vitamin B (B1). Its main function is to enhance the immune system. It plays an important role in allowing reusable body agents. It sends excess fat to fat burner cells. Without L – Carnitine, excess fat can not be transported and not get burned even if you make a lot of exercise or diet. L – Carnitine helps metabolism and it produce energy and improve physical energy.

### Green Tea Extract

Referring to a report published by the New York Department of Health, Green Tea has the ability to dump toxic and can prevent cancer. It also is a better anti - oxidant and more powerful compared with vitamins C and E. Green tea also can control high blood pressure, improve blood circulation and improve good cholesterol (HDL – cholesterol) in our body.

### Apple Fiber

Rich source of fiber slimming and contains Vitamins A, B, C and more than 10 other types of nutrients. It is also very rich in anti – oxidants photochemical which can be found in plants, fruits and vegetables. The high fiber content helps to slow down the release of sugar into the almonds. This helps to control blood sugar levels more stable, improve bowel movement (bowel function) reduces the risk of stroke, prostate cancer, diabetes type II and asthma. Apple also can suppress the body related problems, preventing wrinkles and assists in weight loss.

### Red Yeast Rice

Red yeast rice is a natural nutrient supplement which helps to reduce cholesterol level. It is used by the Chinese since the Tang Dynasty and in Japan. It is categorized as a premium healthy food supplement. The result study of 1000 patients with high blood pressure and high cholesterol shown that after they took red yeast rice for 8 weeks, their cholesterol level dropped by 32% and without side effects.

## Psyllium Husk

Psyllium Husk is the fiber that get from *Plantago Ovata*. It is used to reduce body weight by giving effect to soften the stool and increase the number of defecation content. In addition, Psyllium Husk can maintain good cholesterol and balance the flow of blood to the health status of the body.



## Isomalto Oligosaccharide

Oligo is a sugar that derived from fruits. In Japan, it is used in more than 450 different types of food. It is assimilated into the body more slowly than sugar and yet Oligo basically contain the same nutritional value as well as the more desirable. Oligo decomposed more slowly because it does not use insulin, but it is broken down by enzymes in the gut. It is the sugar that is safe to use and helps reduce the risk of diabetes and high cholesterol.

## Nattokinase

Fibrinolitik enzyme nattokinase is a good and taken from traditional Japanese food called Natto. Natto is a cheese fermentation where it has been used in Japan more than 100 years. It is particularly preferred because it tastes good and well that natto is also known as a heart remedy and vascular disease. Nattokinase is safe to use based on traditional use for a long time. Nattokinase has many benefits because it is readily available, effective and can be used as bidder. They also carry out a longer effect. Examples of Pyrazine and enzyme content in Nattokinase can help reduce blood freezing through Fibrinolitik and obstruction of Plasma Proteins "**plasminogen activator inhibitor 1**" This will help prevent the thrombosis, for example "Heart" in respect of which the lungs - pulmonary or stroke. Natto is also rich in Vitamin K, which is related to the formation fastening - calcium in protein, help the binding of bone and prevent osteoporosis. Natto is also said to have antibiotic effects, improving digestion, preventing obesity and look younger. It is a natural food diet steady for brochures as well as food intake and help change the pH and temperature.

## Oil Palm Fiber

- ▶ Maintain a healthy digestive system
- ▶ Balancing blood sugar level
- ▶ Prevention of neural respiratory disease and stroke
- ▶ Prevent colon cancer and breast cancer
- ▶ Effective for weight control
- ▶ Lowering blood cholesterol
- ▶ Balance the number of beneficial bacteria in the gut
- ▶ Prevention of constipation

**BODY MASS INDEX ( BMI ) / BODY MASS INDEX CHART ( SBMI )**

To Know Your Height, Read The Following Line On The Left And Horizontally To Know Your Body Weight.

BMI	Too Light < 18.5		Ideal Body Weight 18.5 – 22.9			Obese 23 – 24.9		Overweight ≥ 25									
	18	18.5	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33
1.50	38	42	43	45	47	50	52	54	56	59	61	63	65	68	70	72	74
1.52	39	43	44	46	49	51	53	55	58	60	62	65	67	69	72	74	76
1.54	40	44	45	47	50	52	55	57	59	62	64	66	69	71	74	76	78
1.56	41	45	46	49	51	54	56	58	61	63	66	68	71	73	75	78	80
1.58	42	46	47	50	52	55	57	60	62	65	67	70	72	75	77	80	82
1.60	44	47	49	51	54	56	59	61	64	67	69	72	74	77	79	82	85
1.62	45	49	50	53	55	58	60	63	66	68	71	74	76	79	81	84	87
1.64	46	50	51	54	57	59	62	65	67	70	73	75	78	81	83	86	89
1.66	47	51	52	55	58	61	63	66	69	72	74	77	80	83	85	88	91
1.68	48	52	54	56	59	62	65	68	71	73	76	79	82	85	88	90	93
1.70	49	53	55	58	61	64	67	69	72	75	78	81	84	87	90	93	95
1.72	50	55	56	59	62	65	68	71	74	77	80	83	86	89	92	95	98
1.74	52	56	58	61	64	67	70	73	76	79	82	85	88	91	94	97	100
1.76	53	57	59	62	65	68	71	74	77	81	84	87	90	93	96	99	102
1.78	54	59	60	63	67	70	73	76	79	82	86	89	92	95	98	101	105
1.80	55	60	62	65	68	71	75	78	81	84	88	91	94	97	100	104	107
1.82	56	61	63	66	70	73	76	80	83	86	89	93	96	99	103	106	109
1.84	58	63	64	68	71	75	78	81	85	88	91	95	98	102	105	108	112
1.86	59	64	66	69	73	76	80	83	87	90	93	97	100	104	107	111	114
1.88	60	65	67	71	74	78	81	85	88	92	95	99	103	106	110	113	117
1.90	61	66	69	72	76	79	83	87	90	94	98	101	105	108	112	116	119

Body Weight (Kg)

$$\text{Body Mass Index ( BMI )} = \frac{\text{Weight (kg)}}{\text{High (m)}^2}$$

1 lb = 0.45 kg  
1 inch = 0.025 m  
1 ft = 0.31 m

### To Use Recommended

1. Anyone who is over weight can take 2 – 3 sachets a day after meals.
2. For general supplement for health, is 1 to 2 sachets a day.

### Important Notes

1. Are encouraged to take more fresh water, it is proposed to take water between 2000ml to 2500ml per day. (This is due to the decomposition of 1 gm of fat requires 10 ml of water)
2. It is recommended to take our products in 45 days as a complete process. For anyone suffering from excessive weight or hormone imbalance, it is proposed not to stop taking these products at half of the process if you want to see good results.
3. To get good results, it is recommended not to take any other medicine or any substance that is drug while using LB Plus.
4. Maintain good nutrition, and food contains low sugar. Together with adequate exercise will help you get better results.

## LB Plus Soy / Coffee Fibre is the preferred choice of people who want to slim



### 5 International Standards

It meets 5 Sliming Products "WHO"

- |                            |                     |
|----------------------------|---------------------|
| (i) No Need Fast           | (ii) No Laxatives   |
| (iii) Will Not Lose Energy | (iv) No Dehydration |
| (v) Will Not Bouncy        |                     |

### 5 Unique Slimming Method

- (i) Detoxifying And Cleansing The Internal System
- (ii) Prevent The Construction Of Fat And Burn Excess Fat
- (iii) Strengthen
- (iv) Strengthen The Body
- (v) Will Not Bounce

### HACCP Manufacturing Process

### Formula of Japanese high Bio-Technology

## 9 Main Functions :

- (1) Egg whites can strengthen the muscles tightly, more solid and elastic.
- (2) Red Yeast Rice can eliminate excess fat, lowering cholesterol.
- (3) Apple Fiber, best medicine for heart disease.
- (4) Soluble fiber, accelerate the movement of the intestines, preventing constipation.
- (5) Isomalto Oligosaccharide facilitate better bacterial growth, lower cholesterol.
- (6) L - Carnitine, can easily burn excess fat and calories.
- (7) Oil palm fiber can balance your blood sugar standard level, avoid diabetes, stroke, and breast tenderness.
- (8) Green tea extract has a powder that can block cell growth.
- (9) Nattokinase has a good effect and can launch blood vessels cells, fat restriction, which may arise and increase metabolism.

## Frequently Asked Questions



### **Are LB Plus certified effective?**

"Life Booster" soy / coffee fiber made from a special formula from Japan; Soluble Fiber, Red Yeast Rice and Nattokinase can help anyone who wants to reduce excess fat, simple and easy process. It is a safe and effective manner, it is not only can became slim but there is a strong and beautiful effectiveness. You do not need to change eating habits or let go of your favorite foods. Usually after you drink "Life Booster" for 45 days, you can feel a change in your weight, furthermore if you exercises and with good dietary habits, then the effect even better. In the market there are already many records of testimonials from consumers about our products.

### **LB Plus have any side effects?**

Life Booster 100% made from 14 kinds of natural beans, vegetables and fruits, it is the weight loss products that get a approval of the Malaysian Ministry of Health, it is perfect for a long time, it is safe to use. Until now, no any complaints is about the side effects after taking Life Booster.

### **Is it appropriate for children taking LB Plus?**

Life Booster is suitable for persons aged 12 and above, it is suitable for children who exceed the weight problem, but it should be taken under the care of an adult. If the weight of the children are not severe, it is not recommended for children are still under the period of growth.

### **Can LB Plus mixed with boiling water?**

You can use hot water (around 70°C) to mix Life Booster. If you like to drink cold, you can add cold water and Life Booster into the shaker then shake until well blended.

### **While drinking the Life Booster what is the perfect food?**

Obesity is due to excessive fat and calories. Life Booster can help you burn calories and fat, drink Life Booster can achieve the effect quickly, avoid eating fried and high-calorie foods, Life Booster can provide us with the necessary protein, you only need modification and reduce the quantity of the daily diet, the same time while you drink Life Booster can be better effect.

### **What is the difference between Life Booster with other laxative?**

This product is a combination of 100% of the fruits and vegetables, it customize with WHO requirements: (1) No need to fast (2) No laxatives (3) There will be loss of energy (4) No dehydration (5) Non-rebound. In addition there are 5 unique method for losing weight: (1) Detoxify and cleaning systems. (2) Prevent the construction of fat and burn excess fat. (3) Strengthening. (4) Strengthen the body. (5) Non-rebound. Life Booster is the best choice for quality and those who want to lean.

## Users and Testimonials

**Ms. Sharon Age : 35**  
**Souvenir Shop Boss**

Hope can be slim, have tried many kinds of products for weight loss, my client introduce me these products, I bought 2 sets (each type per set; 6 boxes free 1 box) then I started drinking Life Cleanse and Life Booster, I follow the instructions: every day one sachet with empty stomach, after lunch one sachet Life Booster, after one week my weight decreased by 3kg, after 2 weeks my weight decreased until 5kg, I feel very satisfied and confident about this products, after 2 months my weight decreased about 7.5kg, now my weight is 48kg (previously 55.5kg), skin even looks more beautiful, all my friends compliment me became more beautiful than before.

**Mrs. Lim Age : 30 Night Market Hawker (Constipation, Easy Tired)**

Every morning drink one sachet of Life Cleanse, after dinner drink a cup of Life Booster, within a week it has helped me solve the constipation problem, can defecate easily. After drinking for a period has good improvement, can sleep easier and more spirit.

**Madam Saw Lee Age : 46 Thai**

Love to eat spicy food, stomach bloating, spots on the skin, constipation, easy so hot. After drinking the Life Cleanse and Life Booster for 2 months, body weight decreased by 3 kg, defecate also become more easier, recover stomach bloating,



spots on face also reduced, bad breath caused by thermal also been relieved.

**Mr. Beh Age : 38 Computer Technical**

Height 164 cm, weight 78 kg (excess weight, fat belly) do not believe and do not eat any product supplement, recently feel that the weight increase additionally, stomach became more bigger and affect health, often no spirit, constipation and waist pain. My relative persuades me that this may be caused by the toxins inside the body, I started drinking Life Cleanse. After the constipation been solved, I started feel confident with this product, then I buy Life Booster, after 1 month with exercise, my weight decrease by 6kg, the waist size also even 3 inches more smaller, and me myself so look more spirit and healthy.

**Ms. Chua Age : 30 Clerk**  
**Postnatal obese, Easy Feeling Tired**

Life Booster is very good, after my birth my weight has increased substantially (by approximately 55 kg to 73 kg postpartum). Like to be beautiful every woman habit, after a friend introduced me a slimming program launched by CY 2000, after drinking for 2 months, my weight seems to decline, I also feel that my skin became more beautiful. Myself also became more active, not like before easier to feel tired.

# LB<sup>plus</sup>

... life booster plus

## Healing Reaction

In the process of taking product LB Life Booster Plus, people who are too fat, weak body or having a blood circulation, will experience a variety positive reactions such as: dizziness, headache, insomnia, hot flashes, body aches, numbness, irregularities menstruation cycle, loss of energy and so on. Healing reactions necessary to increase the "natural healing ability of the human body instinct", and run a "living cells and activate the organs in the mechanism" , to achieve a full recovery. Recovery is based on the following reaction processes:

### **Healing Reaction : Causes And Solution**

#### **Skin Irritation Or Rash**

Sign of detoxification, usually occurs at patients that with a weakened heart function.

#### **Body Pain**

Natural therapeutic detoxification, which occurs at patients which acidic and unhealthy body. Continue this consuming, the pain will significantly reduced.

#### **Heartbeat Increases, Dizziness Sign**

Usually happened to patients who with low blood sugar and unhealthy body. Restoration of natural detoxification and fat burning to improve metabolism, this will cause the blood circulation better. Advised to reduce the consumption to half of a sachet for 4 to 6 days, and return to full sachet after 6 days.

#### **Abdominal Pain, Often Defecate, Stinking Smell**

Positive reaction in the intestinal cleaning and detoxification caused by too many toxins in the intestines. If this situation continues, recommended to reduce the consumption to half a sachet for 4 to 6 days, and return to full sachet after 6 days.

#### **Active At Night, Can Not Sleep Well**

Short – term sign of detoxification and own healing ability, due to increasing metabolism and blood circulation improvement in the heart. Recommended to reduce the consumption to half a sachet for 4 to 6 days, and return to full sachet after 6 days.

#### **Extended Of Menstrual Period, Menstrual Amount Increase**

Short – term sign of detoxification, women with irregularities menstrual cycle in metabolism will have the abnormal signs such as the longer menstrual period, the amount of menstrual increase or stop for a while. In the process of "detoxification" and "fat burning", the human body will experience pain. After the "toxins", fat and "disease" is removed from the body, it will heal naturally. Instead, stop consumption when this "healing reaction" sign happened will cause the "disease" hard to be cured. Thus, after this "healing reaction" processes, you will became more slim, healthy and fresh.

## ATTENTION :

- (1) Coffee in the "Life Booster Plus" has only one flavor only, so it is different with the other coffee. Many people that can not drink coffee but can drink it after drinking "Life Booster Plus", even one sachet every day can facilitate the blood circulation and it is very good for protecting our heart, that why the Japanese people like to enjoy a cup of coffee after lunch, because this can help to maintain health and longevity.
- (2) In "Life Booster Plus" has soy, soy can cause and affect diabetes. Soy can indeed affect diabetic patients, but soy protein in the "Life Booster Plus" is processed in a special way, it had been remove the bean shell that will affect diabetics, so it certainly will not affect diabetics. If often drink will have some special effects that can cure diabetes patients, high cholesterol, high blood pressure and arthritis. The patient can make a study, trying to do the study after drink for 1 – 2 months, we can make sure that the patients are well recovered, some more some patients can achieve a healthy level, so "Life Booster Plus" not only a product to lean, but it is also a very great supplement product!
- (3) Lean quickly is not a good thing, commonly products that have side effects will have ingredients that are not approved, it can help you burn fat quickly, causing you do not have the feel to eat, is very unhealthy. You need to understand about the fat (some thing that are very stubborn) has been left in your body, the content of "Life Booster Plus" is a natural material, so you need to drink a sachet every day patiently, after a period it will burn fat, this just are the right way. Speed of skinny will depend on their own, a sachet every day, after three months you'll see a very good impression.



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